

Every day, Tom went out into the garden and,
slowly but surely, walked step after step after step.

And before he knew it . . .



... the whole world was watching him!



Because one step has the power

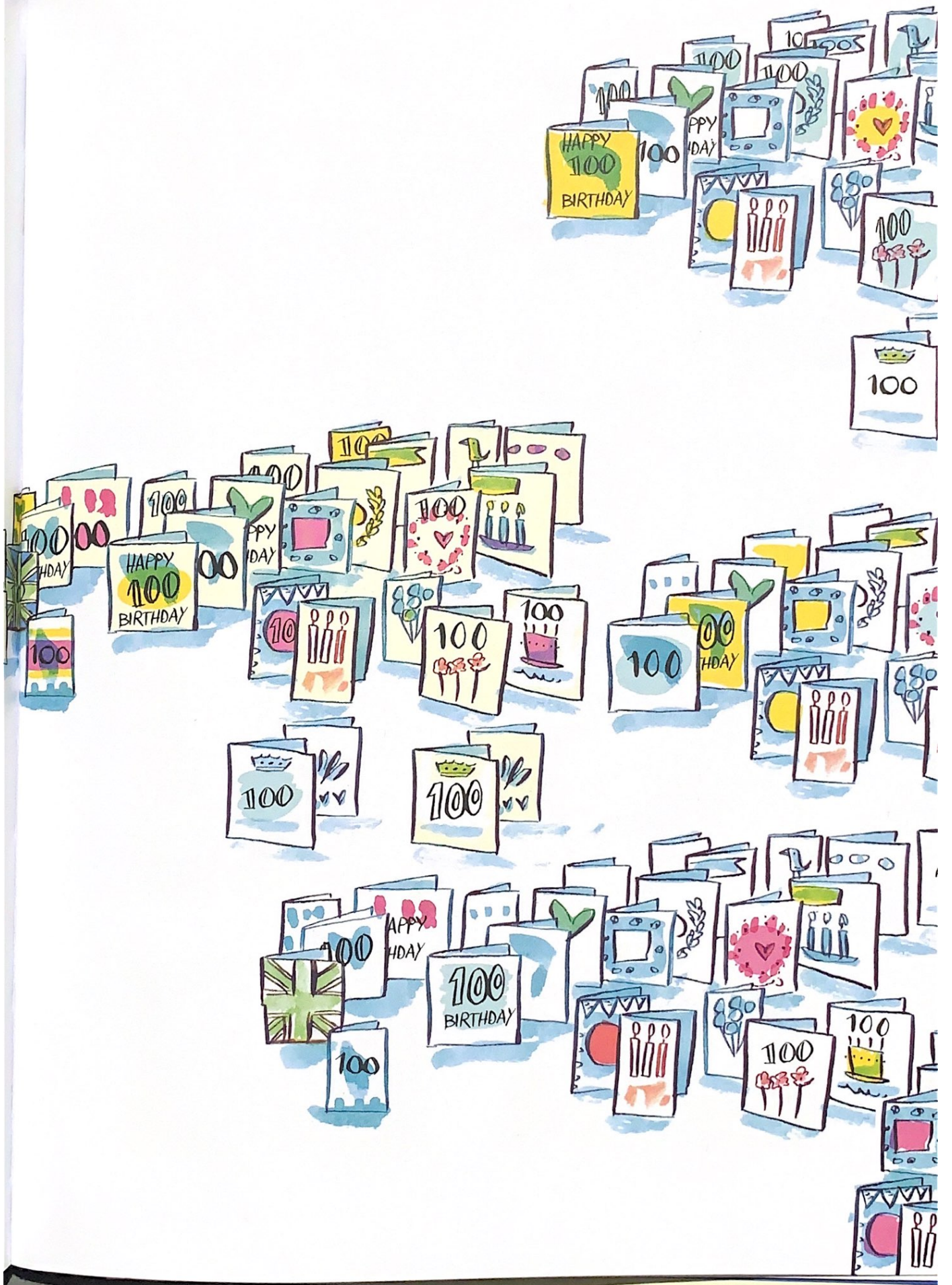


to inspire one hundred more!

Tom couldn't believe how many cards arrived for his one hundredth birthday! As he read the outpourings of love and admiration, he thought about all the people who had written to him, and what he would like to say in reply:



For all those finding it difficult: the sun will shine on you again and the clouds will go away. Remember that tomorrow will be a good day.



About Captain Sir Tom Moore

CAPTAIN SIR TOM MOORE was born in Keighley, in the West Riding of Yorkshire, in April 1920. Over the course of his long life he has seen and done some extraordinary things – too many to fit in just one book!

The world has changed a lot since Tom was born. When he was a little boy, his father bought the first car in their street – at the time, everything was delivered by horse-drawn cart.

That car must have inspired Tom in his lifelong love of engines and fixing things. When he was twelve years old, he found a motorbike in a barn and bought it for half a crown. (In today's money, that's about £9!)

Tom enlisted as an officer in the army in the Second World War and served in the Royal Armoured Corps in India and Burma. During the war, he saw many incredible things, including monkeys, snakes, and spiders the size of his hand! Once the war was over, he flew all the way home from India in a Sunderland flying boat, via Bahrain, Egypt and Italy before he landed in Poole Harbour.

After the war, Tom took part in motorbike time trials and drove a three-wheeler red sports car. He was one of the very first people to drive on the first motorway in Britain, soon after it opened, in 1959.



As an officer in the army



As a boy, with his mother and sister



Riding his motorbike



Captain Sir Tom Moore walking for the NHS in 2020

During the coronavirus pandemic in 2020, Tom inspired the nation by walking one hundred laps of his garden in time for his one hundredth birthday, raising nearly £40 million for charity and providing a voice of hope during a dark time. In recognition of his incredible work, he was awarded an honorary promotion to colonel, a knighthood and a gold Blue Peter Badge!

This is a story about adventure, about family (and dogs!),
about never giving up, and about what we can
achieve when we work together.

*Because one step has the power
to inspire one hundred more!*



CAPTAIN SIR TOM MOORE captured the heart
of the nation in his mission to walk 100 laps of his garden
in time for his 100th birthday, raising money for the NHS.

This is the extraordinary story of his life.

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