

BRODETSKY LUNCH MENU 2019/20

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Curry Veggie Curry	Roast Chicken Falafel & Pitta	Fish Goujons Veggie Wraps	Meatballs Veggie Bake	Cumberland Sausages Veggie Sausages
Rice	New Boiled Potatoes	Pasta	Couscous	Mashed Potatoes
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Peas	Steamed Baby Carrots	Baked Beans & Tuna	Green Beans	Baked Beans & Onion Gravy
Fresh Fruit Platter	Apple Crumble & Custard	Lemon Drizzle Cake Fresh Fruit Platter	Cake & Fruit	Fruit & Ice Cream with Toppings

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Sausages	Sweet & Sour Chicken Ratatouille	Lamb Sticks Veggie Bake	Fish Balls Falafel	Beef Burgers Veggie Burgers
Mini Latkes	Egg Fried Rice	Couscous	Chips	Bread Bun
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Peas & Baked Beans	Sweetcorn	Green Beans	Pitta & Hummus	Baked Beans, Corn & Onion Gravy
Apple Charlotte & Cream	Muffins & Fruit	Biscuits Fresh Fruit Platter	Flapjack & Fruit	Pears, Peaches & Cream

WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers Cheesy Pasta	Shepherds Pie Veggie Minced Meat	Tuna Bake Veggie Sausages	Chicken Schnitzel Veggie Schnitzels	Veggie Lasagna
Mini Latkes	Mashed Potato	Couscous	Pasta	Mini Roast Potatoes
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Peas	Steamed Baby Carrots	Corn on the Cob	Ratatouille	Baked Beans & Peas
Apples & Cream	Biscuit & Fruit	Crumble & Ice Cream	Chocolate Cake & Chocolate Cream	Lemon Drizzle Cake Fresh Fruit Platter

EACH DAY

Sandwich Bar (a variety of the following)		Salad Bar (a variety of the following)		
Wholemeal Sliced Bread	Chopped Liver	Raisins	Coleslaw	Cherry Tomatoes
White Sliced Bread	Cold Sliced Meats	Cucumber	Pickled Cucumbers	Peppers
Bread Buns	Sliced Veggie Meat	Olives	Celery Sticks	Mixed Lettuce
Smoked Salmon	Egg Mayo	Shredded Carrot	Israeli Salad	Garlic Croutons
Tuna Mayo	Tomor Spread	Potato Salad	Falafel	Hummus
Hummus	Parev Cheese	Tuna Mayo	Egg Mayo	Couscous Salad
Sliced Cucumber, Tomatoes & Pickles		Rice Salad	Pasta Salad	Selection of Fruit

All food on our lunch menu is Kosher (non-dairy), under the inspection of the Leeds Beth Din